

Backup Procedures

Description

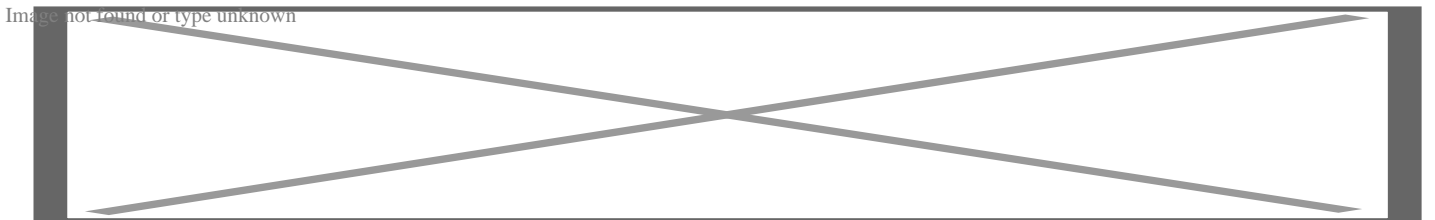
Site administrators have the ability to backup the content of their WordPress blog. This is helpful for transferring to new locations in the future, or to prevent a loss of information should something happen to the site.

To backup your content, log into the desired site and click into the dashboard.

Choose Tools > Export



Choose what content to export. In most cases you will want to export all content. However, if not all content needs to be backed up, individually choose the content that does.



Click **Download Export File** at the bottom of the page.

Place your newly saved backup file somewhere safe and your content backup is complete.

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Author

admin